



POL MAKURI REDOLAD GARCIA

Country: Spain

Date of Birth: 2/7/1991

Sport: Nordic Skiing



Sports Career

Paralympic Games: Pyeongchang 2018

World Championships: I've been participating in world cup events for 10 years

I am an athlete who has been linked to Nordic skiing and the IPC competitions for many years.

I would like to be able to contribute a little bit of myself and my experience in the IPC and to be able to grow together. And grow Paralympic sports

Why do you wish to run for the IPC Athletes' Council?

I am an athlete who has been linked to Nordic skiing and the IPC competitions for many years.

I would like to be able to contribute a little bit of myself and my experience in the IPC and to be able to grow together. And grow Paralympic sports.

What special skills, background and expertise will you bring to the IPC Athletes' Council?

I am an athlete specialized in sports, and Nordic skiing, where I have been participating in world cup tests and enjoying Paralympic sports for 10 years.

How has sport impacted your life?

For me sport has been super important as it has taught me to grow as a person, to work for big dreams, to know my and other disabilities and to know other athletes and my world.

What is your vision for the IPC Athletes' Council?

My vision of the IPC, is super powerful and interesting, as it allows to make known to the world the adapted sport, and great stories of personal and collective improvement

What is the biggest challenge you have experienced as an athlete? How did you overcome it?

Work and dream for some Paralympic games